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Chitra Sukhu



Yoga Nidra Professional Training

Yoga philosophy, instruction and practice of techniques, benefits and application of Yoga Nidra

HAS BEEN AWARDED TO

Geraldine Nethercott

*24 curriculum hours in compliance with Yoga Alliance standards
completed at Sampoorna Yoga Studio - Brussels*

29/9/19

Date

29 September 2019



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E-RYT® 500, YACEP®/173824